Abstract (in conjunction with fig. 2)

Supportive spring bases for beds, couches or the like have to have a cushioning characteristic which provides good comfort for sleeping or reclining. Known supportive spring bases achieve this only by means of a relatively large structural outlay, as a result of which high-quality spring bases are very expensive.

cost-effective provide The invention aims to а supportive spring base which nevertheless ensures a high degree of comfort for sleeping or reclining. For elements (13)this purpose, connecting the (10)connection of at least two spring slats are provided. The connecting elements (13) preferably have spring elements and/or suspension devices (16) which permit a relative movement of the connecting elements with respect to the spring slats abovementioned measures use simple means to provide a supportive spring base having a high degree of comfort for reclining or sleeping.